



**WELCOME to the  
University of Applied Health  
Sciences (UAHS),  
Zagreb, Croatia**



# Welcome

Welcome to the University of Applied Health Sciences in the city of Zagreb, Croatia!

In this guide you will find information that will help you before, during, and after your mobility. You will also find information about Zagreb and Croatia.

Enjoy your time at the University of Applied Health Sciences!



# Content

1. ABOUT UAHS.....	4
2. STUDY PROGRAMMES.....	5
3. STUDENT EXCHANGE AT UAHS .....	8
4. BEFORE ARRIVAL.....	10
5. LANGUAGE .....	14
6. AFTER YOUR ARRIVAL.....	15
7. GETTING TO UAHS .....	17
8. DURING MOBILITY .....	18
9. AFTER MOBILITY .....	20
10. LIVING IN ZAGREB .....	21
11. TRAVELLING AROUND CROATIA.....	23
12. ADDITIONAL INFORMATION.....	25
13. USEFUL CONTACTS & INFORMATION.....	26



# 1 ABOUT UAHS

**University of Applied Health Sciences is the leading institution in the education of health professionals in Croatia.**

**Our mission** is to organize and execute the highest quality professional study programs in health care.

**Our vision** is to remain the largest and most influential institution of this profile not only in Croatia, but in the countries of the region and Europe.

4

established  
in  
**1966**

**4,000**  
students

around  
**700**  
teaching  
staff

**6**  
undergraduate  
study  
programs

**ISO**  
certified

**40**  
non-teaching  
staff

**6**  
graduate  
study  
programs

**Apple**  
Training  
Centre

**Eco**  
school



# 2

## STUDY PROGRAMMES

**UAHS offers 12 professional study programmes  
– 6 undergraduate and 6 graduate**



## Undergraduate

- Nursing
- Physiotherapy
- Laboratory Medical Diagnostics
- Radiological Technology
- Environmental Health Engineering
- Occupational Therapy

## Graduate

- Clinical Nursing
- Public Health
- Psychiatric Nursing
- Management in Nursing
- Physiotherapy
- Environmental Health Engineering

## Departments

- Department of Anatomy and Physiology
- Department of Biology and Physics
- Department of Social Sciences
- Department of Physiotherapy
- Department of Gynecology and Obstetrics
- Department of Hematology, Transfusiology, Immunology and Human Genetics
- Department of Informatics in Health

- Department of Internal Medicine And Clinical Pharmacology
- Department of Public Health and Health Protection
- Department of Chemistry, Biochemistry and Clinical Chemistry
- Department of Kinesiology
- Department of Surgery, Anesthesiology, Reanimatology and Intensive Care Treatment
- Department of Clinical Medicine
- Department of Microbiology
- Department of Neurology, Neurosurgery and Neuropathology
- Department of Pathology
- Department of Dietetics, Nutrition and Analytics Techniques
- Department of Psychiatry
- Department of Radiotherapy, Oncology and Nuclear Medicine
- Department of Occupational Therapy
- Department of Foreign Languages
- Department of Modern Radiological Diagnostics and Intervention
- Department of Environmental Health
- Department of Nursing Care
- Department of Health Psychology



# 3 STUDENT EXCHANGE AT UAHS

Student exchange can be organized via the Erasmus+ programme or different bilateral agreements between UAHS and sending institutions.

## HOW TO APPLY FOR ERASMUS+ /STUDENT EXCHANGE

In order to apply for a mobility period at the UAHS your home institution must send a **Nomination letter** to the International office.

**The Nomination letter** needs to include the following information:

- name and Erasmus code (if applicable) of the sending institution,
- student's full name,
- e-mail address,
- semester of planned mobility (dates),
- study field,
- level of studies at the moment of mobility.

After being nominated you need to send the **Application Form with all the relevant documents** to the University of Applied Health Sciences International Relations Office.

**Deadlines for exchange:**

**15 June – winter semester and full year**

**1 December – summer semester**



Nominations for students are sent to:

→ **international@zvu.hr**

→ **erasmus@zvu.hr**

The **application procedure** can be found [here](#).

The University will notify you of its decision within 2-5 weeks.

Application documentation:

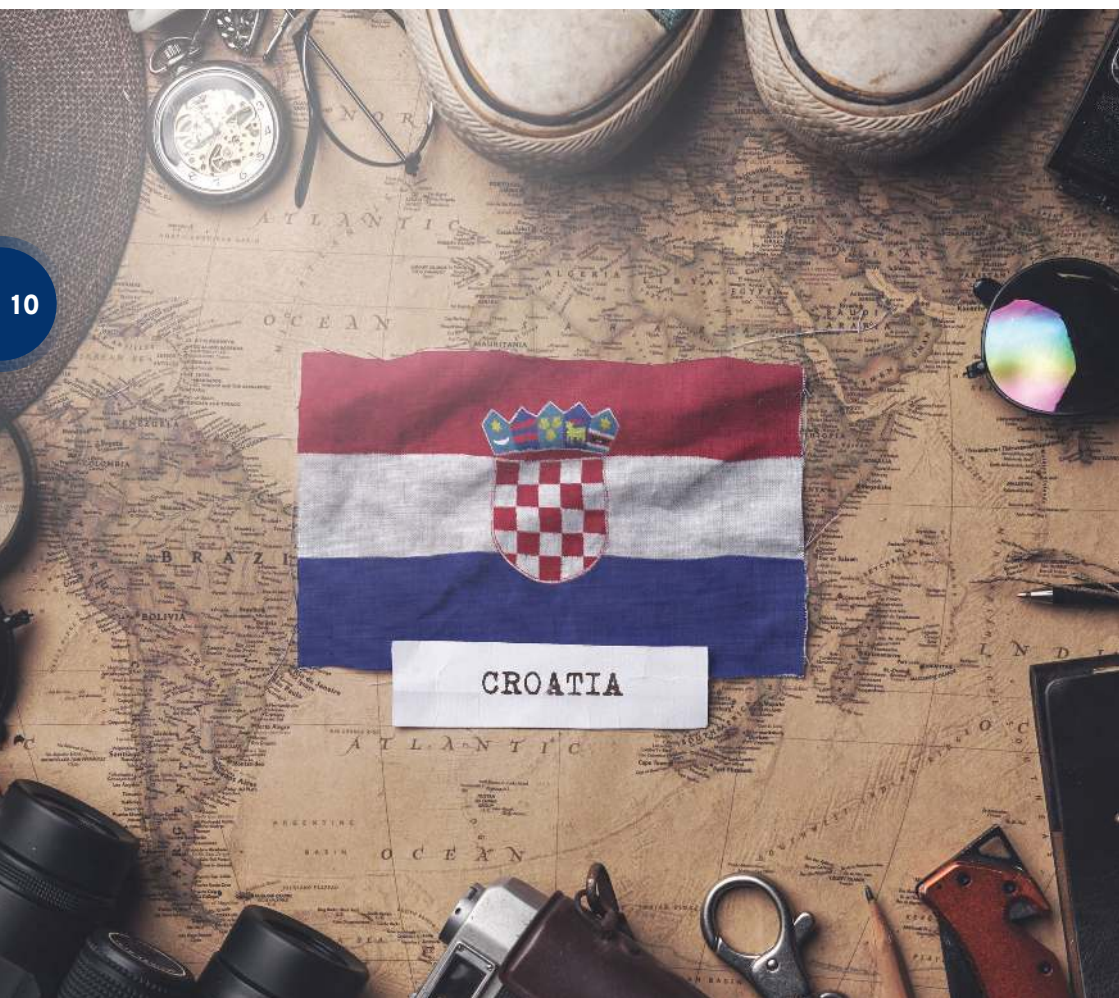
- Application Form
- Learning Agreement for studies or Learning Agreement for traineeships; approved by your departmental coordinator
- Transcript of Records from your home University (signed and stamped by responsible person)
- Copy of valid Passport / ID card
- CV in Europass format (in English)
- Confirmation of your current language level – this confirmation can be issued by your home university or it can be language school certificate (Please note that recommended level is B2)
- Accommodation request form (if you wish to be placed in a student dormitory) – University of Applied Health Sciences does not guarantee placement, it depends on the availability of rooms in the dormitory

\* Health insurance: All exchange students need to have health insurance that is valid for the whole period of mobility. They are required to present an evidence of health insurance prior to their arrival (send a scanned copy) and upon their arrival as well.



4

# BEFORE ARRIVAL



## VISA

- EU/EEA citizens can enter Croatia using a valid ID card (or passport)
- if staying for more than 3 months they need to apply for the residence permit at the Central police station
- citizens of the USA, Australia, Canada, etc. (full list at the website of the Ministry of Foreign and European Affairs) can enter Croatia with a valid passport
- they need to apply for the residence permit at the Central police station
- NON-EU/EEA citizens coming from a country that has a visa regime with the Republic of Croatia need to apply for a visa via the Croatian embassy in their home country before departing for Croatia. Visas CANNOT be applied for or extended in Croatia!
- they need to apply for the residence permit at the Central police station

Check with the Croatian embassy in your country of residence which documentation you will need for your application in Zagreb and make sure you take it along when coming to Zagreb.

Students living in the student hall of residence can regulate the permit 30 days after the arrival in Zagreb, students in private accommodation should do it within 3 days upon arrival. Documents need to be submitted at the Central Police Station in Petrinjska 30, HR-10000 Zagreb.

For more information visit the [Ministry of Foreign and European Affairs](#).

# HEALTH INSURANCE



12

All exchange students need to have health insurance during their stay in Croatia. Regulated health insurance is the prerequisite for being granted temporary residence. All EU/EAA students need to bring their European Health Insurance Card (EHIC) in order to qualify for the services provided by the Croatian Health Service. This card will entitle you to free medical assistance, i.e. day hospital care, hospital treatment and prescriptions. All non-EU/EAA exchange students are required to register for Croatian health insurance upon arrival.

## Accident and liability insurance

It is recommended that Erasmus students be supplied with insurance coverage against accidents and liability during their whole stay in Croatia. The policy should also cover any accidents that may occur during educational activities. In either case, you should produce evidence of this insurance when enrolling. For more information go to [Croatian Health Insurance Fund](#).

## **ACCOMMODATION**

The University of Applied Health Sciences does not guarantee accommodation but will help in finding suitable accommodation.

### **Student dormitories**

Students who want to live in a student dormitory need to apply for accommodation. The housing request form is part of the application for incoming students.

### **Private accommodation**

International students will have to organize accommodation on their own, i.e. look for private rental accommodation. Rents vary greatly depending on the location, room size, facility etc. Overhead expenses are sometimes included in the price, and sometimes are paid by the consumer. Payment is usually expected at the beginning of the month, while some landlords request payment for several months in advance.

## **LIVING EXPENSES**

Average monthly living expenses in Croatia are estimated to be between 400 and 600 EUR depending on the type of accommodation, student needs and lifestyle. These amounts should be enough to cover food, accommodation, utilities, books, transportation and miscellaneous expenses.



# LANGUAGE

## CROATIAN LANGUAGE COURSE

The language of instruction at the University is Croatian. Croatian language courses are not organized at the University of Applied Health Sciences. Foreign students can apply for language courses offered in various foreign language schools in Zagreb, e.g. Croaticum – Center for Croatian as a Second and Foreign Language at the Zagreb University Faculty of Humanities and Social Sciences.

More information at <http://croaticum.ffzg.unizg.hr/>

## RECOMMENDED LANGUAGE SKILLS

Language of instruction 1	Language of instruction 2	Recommended language level
		Student Mobility for Studies / Traineeships
Croatian	English	Minimum B1



# 6

## AFTER YOUR ARRIVAL

### PERSONAL IDENTIFICATION NUMBER (OIB)

Personal identification number is the prerequisite for the enrolment, residence permit and other bureaucratic procedures.

Exchange students can take out their OIB at the Tax Administration. In order to do that the students need to fill in the OIB form and bring a passport or ID card with them to the Tax administration (Avenija Dubrovnik 32 – Trams no. 6, 7, 14 – tram stop *Središće*), the 5<sup>th</sup> floor, room No. 529.

Working hours: 8 a.m. – 3 p.m.

15



## TEMPORARY RESIDENCE PERMIT

Documents needed:

- Form 1a
- One 30 x 35 mm photo
- Acceptance letter in Croatian from UAHS.
- Proof of sufficient means of subsistence (bank account statement or scholarship confirmation)
- Proof of secured accommodation (copy of the form from the student residence, or rental contract and a proof of ownership)

All documents need to be translated in the Croatian language.

How to apply for the permit:- Fill in the Form 1a- Translate all the documents into Croatian- Go to the Central Police Station in Petrinjska ulica 30 (Petrinjska Street) (working hours: 8 a.m. – 3 p.m.)- Cost of the permit for Erasmus students is 240 HRK, – Cost of the permit for other categories of exchange students is 740 HRK.

## ENROLMENT

Students are requested to submit the original documents they sent with their application upon arrival to the University of Applied Health Sciences (together with 2 personal photographs) and the copy of OIB (personal identification number).

## Public transportation (Zagreb Electric Tram – ZET)

How to get a monthly tram pass for students:

- Documents needed: ZET form; One passport size photo; Student book (INDEKS) Fill in the ZET form- Visit the Faculty admission office to have it stamped and signed- Go to the main ZET building located at Ozaljska street 105 (Ljubljanska tram stop)- Go to the ticket window No. 11- Working hours: 7.30 a.m. – 5.30 p.m.- Price – 30 HRK for the tram pass, 100 HRK for a monthly ticket. Students can buy monthly tickets at a TISAK newsstand.

# GETTING TO UAHS

The University of Applied Health Sciences is located in the north of Zagreb and is easily reached by taking the tram lines 8 or 14. If you wish to reach the University from the centre of Zagreb (Ban Jelačić Square), simply take line 14 until you reach the stop “Gupčeva zvijezda”. From there, walk to Mlinarska street no.38, where the main building of the University is located. Numerous newly built and furnished lecture rooms and offices are also located in a complex of buildings which is only a 5-minute walk to the north of Mlinarska street, in the neighbourhood of Ksaver. If you wish to reach Ksaver by tram, take lines 8 or 14 and get off at the “Radićevo šetalište” stop.



# 8

## DURING MOBILITY

### **WELCOME MEETING**

Welcome meeting will be organized by the International Team with the aim to welcome incoming international students and give them essential information about registration, enrolment to courses and services provided by the University.

### **E-INDEKS**

Upon enrolment students get their own electronic student transcript book – e-indeks. It contains a list of courses taken, grades awarded and ECTS achieved. When the student passes the exam, the professor will write down the student's grade.

### **TRANSCRIPT OF RECORDS/TRAINEESHIP CERTIFICATE**

All incoming students are provided with the Transcript of Records/ Traineeship Certificate with full and accurate record of their achievements at the end of their mobility period.

### **STUDENT IDENTITY CARD -THE X CARD**

Exchange students are entitled to hold a student identity card, so called the X Card. It is a sort of a pre-paid card used in students' cafeterias and restaurants. It is also used to prove your student status, so you can get some tickets and services at a reduced price.

## ECTS AND GRADING SYSTEM

The Croatian national grading scale consists of five grades with numerical equivalents:

- 5 = excellent – izvrsan (highest grade)
- 4 = very good – vrlo dobar
- 3 = good – dobar
- 2 = sufficient – dovoljan (minimum passing grade)
- 1 = fail – nedovoljan

The Croatian grading system and mapping from ECTS grades:

- 5 = excellent – izvrsan (highest grade) – A
- 4 = very good – vrlo dobar – B
- 3 = good – dobar – C
- 2 = sufficient – dovoljan (minimum passing grade) – D, E
- 1 = fail – nedovoljan – F, FX

## ECTS – EUROPEAN CREDIT TRANSFER SYSTEM

1 ECTS credit is equivalent of approximately 30 working hours. Credits are awarded only when the course has been completed and all required examinations have been successfully taken. 60 ECTS credits represent the workload of a year study, 30 ECTS credits a semester.

19

## ACADEMIC CALENDAR

- |                              |                              |
|------------------------------|------------------------------|
| → Winter semester:           | early October – late January |
| → Examination period:        | February                     |
| → Christmas holidays:        | December 23 – January 6      |
| → Summer semester:           | late February – late June    |
| → Summer examination period: | June, July                   |
| → Summer holidays:           | mid July – late August       |
| → Examination period:        | late August – late September |

## STUDENT ASSEMBLY

<http://studentski-zbor.star.zvu.hr/kontakt/>



# 9

## AFTER MOBILITY

All incoming students are provided with the Transcript of Records/ Traineeship Certificate with full and accurate record of their achievements at the end of their mobility period. They will be issued no later than 5 weeks after the end of mobility period.





# 10

## LIVING IN ZAGREB



## Things not to miss while visiting Zagreb:

- **The Upper Town.** Take the funicular up into the Upper Town and explore its cobblestone streets, charming parks and promenades, and numerous historical buildings, including St. Mark's church.
- **The Museum of Broken Relationships.** And while you're visiting the Upper Town, drop by a truly unique museum housing the personal objects of former lovers.
- **Maksimir Park and Zagreb Zoo.** The oldest park in Zagreb and its zoo will welcome you with their meadows, lakes, and streams as you take a stroll away from the city noise.
- **The Zagreb Eye.** Ride an elevator up to the 16<sup>th</sup> floor of the skyscraper located near Ban Jelačić square and enjoy the 360-degree view of the entire city. Relax, enjoy a drink at the bar and remember to take a photo: the city lights at night are a thing to see.
- **Dolac Market.** If you're looking for food that's always fresh and represents all the regions of Croatia, look no further than this open-air market in the heart of Zagreb, just a few steps away from Ban Jelačić square.
- **Zagreb Cathedral.** Formally known as the Cathedral of Assumption, this neogothic landmark and its twin towers can be seen from far away. Enjoy a peaceful moment of reflection and explore this masterpiece of architecture.
- **Tkalčićeva street.** The place to be if you're looking to have a drink with friends, enjoy one of Croatian homemade dishes, listen to live music, or pick up a souvenir in one of its many shops.

# TRAVELLING AROUND CROATIA

## Why visit other parts of Croatia?

- | **Croatia boasts a beautiful waterfront known as the Dalmatian coast.** Although it is not named after the breed of dogs known as Dalmatians (whose origins are, in fact, Croatian!), this region has been known as Dalmatia since the Imperial Roman times.
- | **The hit HBO series ‘Game of Thrones’ was filmed in Split and Dubrovnik, two of the most beautiful historic cities on the Croatian coast.** Take a ‘Game of Thrones’ tour and walk along the walls of Dubrovnik, built mainly between the 12<sup>th</sup>-17<sup>th</sup> centuries.
- | **Love swimming and sunbathing?** Visit one of the most famous beaches in Croatia, known as the Golden Horn or the Golden Cape, located in Bol, on the island of Brač.
- | **Do you like sunshine?** People in Croatia enjoy 2,715 hours of sunshine a year.
- | **Interested in history?** Croatia is home to the Roman amphitheatre in Pula, where bloody Roman gladiator fights once took place. It’s one of the only three amphitheatres conserved in the world and the 6<sup>th</sup> biggest amphitheatre in existence. If you’re looking for one of the best-preserved monuments of Roman architecture, visit Split and its Diocletian’s palace, a grandiose ancient structure combining a luxurious villa with a military camp, built for the Roman emperor Diocletian in the 4<sup>th</sup> century AD.



- **Do you like unique places?** Croatia is home to Hum, the smallest town in the world. Located in the Northwest of Croatia, Hum holds a world record for being the smallest town in the world, with a population of only 30 people (according to a census from 2011)!
- **Do you like technology?** Nikola Tesla, the famous inventor, engineer, and scientist, was born in Smiljan, a small village in Lika, a mountain region in Croatia. Visit his museum in Smiljan and enjoy learning more about the history of this fascinating scientist and his numerous inventions.
- **Enjoy good food and drinks?** Croatia is famous for its wines, olive oil, and unique regional dishes.
- **Love the great outdoors?** Croatia has 8 national parks, 11 nature parks, and two nature reserves. The most famous protected area and the oldest national park in Croatia is the Plitvice Lakes National Park, a UNESCO World Heritage Site.
- **An adventure-seeker?** Go on rafting tours on the rivers Dobra, Cetinja, and Zrmanja, or choose the adrenaline zipline in the Cetina canyon or in the mountains of Lika.





# ADDITIONAL INFORMATION

## STUDENTS WITH DISABILITIES

Students with disabilities can contact the International Office/Erasmus Coordinator and discuss their special needs and requirements in order to get adequate support during their study at UAHS.

In case of additional requirements in regard to academic, organisational or other aspects (e.g. students with special needs) please contact **international@zvu.hr** or **erasmus@zvu.hr**.

# USEFUL CONTACTS & INFORMATION

## **ERASMUS COORDINATOR**

Martina Klanjčić, MA  
Tel. +385 1 5495 875  
E-mail: [martina.klanjcic@zv.u.hr](mailto:martina.klanjcic@zv.u.hr)

## **ERASMUS ASSOCIATE**

Sanda Marjanović, MA  
Tel. +385 1 5495 783  
E-mail: [sanda.marjanovic@zv.u.hr](mailto:sanda.marjanovic@zv.u.hr)

## **AGENCY FOR MOBILITY AND EU PROGRAMMES**

Frankopanska 26, 10 000 Zagreb  
+385 1 555 7855  
[www.mobilnost.hr](http://www.mobilnost.hr)

## **DIPLOMATIC MISSIONS AND CONSULAR OFFICES TO CROATIA**

Ministry of Foreign and European  
Affairs; [www.mvep.hr/en/](http://www.mvep.hr/en/)

## **VISA**

Central Police Station, Foreigners'  
Office; Petrinjska ulica 30, 10 000  
Zagreb, [www.mup.hr](http://www.mup.hr)

## **HEALTH INSURANCE**

HZZO – Croatian Health Insurance  
Fund (Hrvatski zavod za zdravstveno  
osiguranje)  
Department for International  
Cooperation  
Branimirova 37, 10 000 Zagreb  
[www.hzzo.hr/en/](http://www.hzzo.hr/en/)

## **EMERGENCY**

Emergency Call Centre 112  
Police 192  
Fire Department 193  
Ambulance 194

## **TRANSPORTATION IN ZAGREB**

ZET (Zagreb Municipal Transit System)  
[www.zet.hr](http://www.zet.hr)

## **ZAGREB INFO**

Info Zagreb [www.infozagreb.hr](http://www.infozagreb.hr)  
Visit Zagreb [www.visitzagreb.hr](http://www.visitzagreb.hr)

## **TRAVELING IN CROATIA**

Croatia – Full of life: [www.croatia.hr](http://www.croatia.hr)  
Croatia – [www.lonelyplanet.com/croatia](http://www.lonelyplanet.com/croatia)

## **OIB**

Tax Administration of the Ministry of  
Finance (Porezna uprava)  
Avenija Dubrovnik 32, 10 000,  
Zagreb  
[www.porezna-uprava.hr/en/](http://www.porezna-uprava.hr/en/)



## USEFUL WEBSITES

Study in Croatia ([www.studyincroatia.hr](http://www.studyincroatia.hr))

Croatian National Tourist Board ([www.croatia.hr](http://www.croatia.hr))

Zagreb County Tourist Board ([www.tzzz.hr/en](http://www.tzzz.hr/en))

Zagreb Tourist Info ([www.zagreb-touristinfo.hr](http://www.zagreb-touristinfo.hr))

Croatian Airlines ([www.croatiaairlines.com](http://www.croatiaairlines.com))

Trains in Croatia (<http://www.hzpp.hr/Default.aspx?sec=282>)

ESN Zagreb | ESN Croatia (<http://www.esn.hr/?q=esn-zagreb>)

